

# **Volunteer Information Guide**

Empowering local people to help their community

### **Welcome to Leeds FAN**

Thank you for your interest in volunteering with the Leeds Food Aid Network.

Your time, energy, and compassion play a vital role in supporting our city's most vulnerable residents.

This guide introduces you to our work and outlines how you can get involved effectively and safely.

#### **Volunteer Roles**

- Sorting and packing food donations
- Assisting with food distribution
- Supporting delivery logistics
- Outreach and community engagement
- Event support and admin tasks

### **Health & Safety**

Your safety is our priority. Please adhere to the following:

- Wear appropriate clothing and footwear
- Follow on-site hygiene rules
- Report any injuries or concerns to your supervisor

## **Contact & Support**

Volunteer Coordinator: volunteer@leedsfoodaid.org.uk

Website: www.leedsfoodaidnetwork.co.uk

Phone: 0113 123 4567